

## 'Me Time'

Are you unemployed?

Interested in learning basic skills in hair and beauty?

Aged 19+?

Why not come along to our 6 week course:

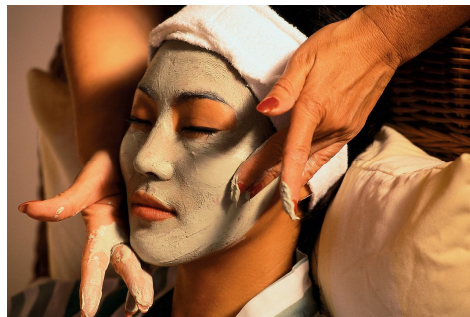
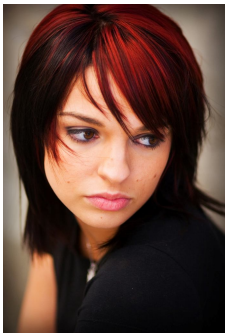
'Me Time', The Quinzone Centre,  
392 Quinton Road West, Quinton, Birmingham

**Mondays:**

11th January, 18th January, 25th January,  
1st February, 8th February, 22nd February 2010, 29th  
January 2010  
9.30-11.30.

Course includes:

- Getting to know yourself
- Discovering your hair type
- Identifying your skin type
- Local College visits
- Choosing the right make up for your skin tone
- Creating home made facial treatments



Call Vicky or Ann on 0121 423 3000 or email  
[enquiry@quinzone.bham.org.uk](mailto:enquiry@quinzone.bham.org.uk) to book a place or to find out more

Free crèche provided

