

'Me Time'

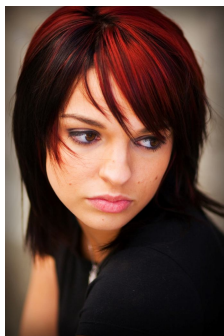
Course includes:

- Introduction to Reflexology
- Head, shoulders and back massage
- Braiding, weaving and hair-up styles
- Learning basic hair cutting skills
- Perming and Colouring your hair

**'Me Time', The Quinzone Centre,
392 Quinton Road West, Quinton, Birmingham**

Thursdays:

**Recruitment Day: 14th January,
21st January, 28th January,
4th February, 11th February, 25th February,
4th March 2010
9.00am-11.30am**



**Call Vicky or Ann on 0121 423 3000 or email
enquiry@quinzone.bham.org.uk to confirm your place or to find out
more**

Free crèche provided

